

TLC – FIST: Overall Objectives

Art and Science of Leadership

- ⦿ F = Focused, Flexible & Fun
- ⦿ I = Insightful, Imaginative & Interactive
- ⦿ ST = Short Term
 - Strategic Thinking
 - Support Talent
 - Synergistic Teaming

Value of Paradoxical Perspective

- ◎ Yin & Yang – holistic and continuous flow
- ◎ Forest & Trees – multiple sides, foci
- ◎ Analytic & Empathic – bi-hemispheric
- ◎ F. S. Fitzgerald & A. N. Whitehead
- ◎ Thesis – Antithesis – Synthesis
- ◎ Wise Person – involvement-reflection

F. Scott Fitzgerald: The test of a first rate intellect is the capacity to hold two opposed ideas in the mind at the same time and still retain the ability to function.

Six “F”s for Managing Loss and Change

- Let Go of “Familiar” Past
- Confront Unpredictable “Future”
- Acknowledge Loss of “Face”
- Work through Anger to Regain “Focus”
- Seek Trusted, Objective, TLC “Feedback”
- Have “Faith” in Higher or Team Power

Stress Doc: “Whether the loss is a key person, a desired position or a powerful illusion each deserves the respect of a mourning. The pit in the stomach, the clenched fists and quivering jaw, the anguished sobs prove catalytic in time. In mystical fashion, like spring upon winter, the seeds of dissolution bear fruitful renewal.”

Critical Feedback Exercise

- ◉ When instructed, using a *critical tone or attitude*, Person B says to Person A:
- ◉ “Wow, you really fumbled the data. I thought you said you prepared!”

stressdoc@aol.com

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Disarming A Critical Aggressor: *Techniques and Strategies*

- Distinguish Reaction & Response
- Distinguish Evoke & Provoke
- Replace Blaming “You”s with Affirming “I”s
- Learn to Metacommunicate
- Does the Critic Have An Agenda?
- Take a Time Out
- Verbal and Nonverbal Mix

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The Four “P”s of Passion Power

Motivational Mood

<i>Psychology Mode</i>	Gravitas	Comedia
Analytical	<i>Purposeful</i>	<i>Provocative</i>
Empathic	<i>Passionate</i>	<i>Playful</i>

Value of Healthy Aggression

- Focuses Energy
- Sharpens Thinking
- Transforms Pain Into Purpose
- Heightens Drive and Discipline
- Ignites Mind-Body Chemistry
- Fires Passion
- Breaks Habit Chains
- Strengthens Commitment, Courage & Creativity

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Humor Is Good for What AILS YOU

- ⊙ A = Arousal & Affiliation
- ⊙ I = Incongruity & Insight
- ⊙ L = Liberation & Letting Go
- ⊙ S = Superiority & Solidarity

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Creative Risk-Taking: *The Art of Designing Disorder*

A. Aware-ily Jump In Over Head

- 1) Quick Assessment of Skills & Resources
- 2) Anxiety & Loss Generates Rapid Learning

B. Strive to Survive High Dive

- 1) Strive High and Embrace Failure
- 2) Time Frame: Beachheads and Battles

C. Thrive On Thrustration

- 1) Torn Between Direct Action and Frustration
- 2) Take an Incubation Vacation for New Perspective

D. Design for Error & Opportunity

- 1) Range of Possibilities Over Fixed or Ideal Goals
- 2) Creative Confusion Over Illusion of Control; Self-Challenge

Personality Strengths of Creative Risk-Takers

- Motivated by Constructive Discontent
- Not Preoccupied About Making Mistakes
- Tolerate Separation Anxiety & Ambiguity
- Physiologically Needs Variety and Complexity
- Harness Mania and Melancholy Energy
- Analyze and Play with New Relations & Patterns
- Admit When Wrong; Learn from Trial and Error
- Immerse Themselves in Their Mistakes
- Long-Term Fight for Their Beliefs and Baby

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Transforming Fear of Exposure into the Fun of Embarrassment

- Cultural Diversity and Mutual Humanity
- Misery-Mirth-Mastery-Memory Connection
- Neurotic Humiliation vs. Natural Embarrassment
- Inoculation for Stormy Sea and Slings and Arrows

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